

# LAKE PLEASANT REGIONAL PARK

## MONTHLY PROGRAMS

### PARK HOURS:

Open 24 hours - 365 days a year

### NATURE CENTER HOURS:

Please see park website for renovation updates.

### ADMIN. OFFICE HOURS:

Monday – Friday: 8 a.m. – 4 p.m.

### PARK FEES:

Day-use vehicle entry fee: \$6  
Per motorized watercraft: \$4  
Per non-motorized watercraft: \$2  
Developed campsites: \$30 per night  
Semi-developed campsites: \$20 per night  
Shoreline camping: \$12 per night

### ONLINE RESERVATIONS:

<http://www.maricopacountyparks.org/>

### WEBSITE:

[http://www.maricopa.gov/parks/lake\\_pleasant/](http://www.maricopa.gov/parks/lake_pleasant/)

### DIRECTIONS:

From central Phoenix, take I-17 north to Carefree Highway (SR 74). Exit Carefree Hwy. and travel west 15 miles to Castle Hot Spring Road at mile post 19. Travel north to Lake Pleasant Regional Park entrance.



### Maricopa County

Parks and Recreation Dept.  
Lake Pleasant Regional Park  
41835 N. Castle Hot Springs Rd.  
Morristown, AZ 85342  
Entry Station: 1 (928) 501-1710  
Fax: (602) 372-7465  
[lakepleasant@mail.maricopa.gov](mailto:lakepleasant@mail.maricopa.gov)



## NOVEMBER FEATURED PROGRAMS

### Sunrise Over the Lake Hike – Cottonwood Day Use Area Trailhead

**Date:** 11/6/2015 **Time:** 7 a.m.

**Description:** 7:00AM Let's get up early and join the ranger for a sunrise over the lake hike! From this trail we will see the entire lake and a nice sunrise. This is a moderate trail with a few steep places. Please be in somewhat of good hiking shape for attending this hike. We will meet at the Cottonwood Day Use Area/Trailhead. We will be hiking the Yavapai Point Trail which is a moderate 3 mile round trip hike. Wear good hiking shoes, bring water, a snack, and camera. The ranger will see you at the trailhead for a scenic adventure!

**Core:** Health & Fitness

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### Pleasant Paddlers Program - Easy Paddle Tour of Lake Pleasant

**Date:** 11/14/2015 **Time:** 9 a.m.

**Description:** 9:00AM Come join the ranger on this easy guided paddle on the waters of Lake Pleasant. This paddle is aimed as a social paddle at a slower pace and will be under four miles and three hours. Bring your own paddle craft or call ahead and rent one. Rental kayaks and rental stand-up paddle boards (including paddlecraft, life vest and paddle) may be available by calling park staff at (928) 501-1710, for more details. Everyone on this tour must wear a life vest. Bring plenty of water and a snack. Dress to get

wet and stay cool. We will be meeting at the end of the Desert Tortoise Road, look for the "Pleasant Paddlers Program" signs. We meet at 9am and want to launch by 9:30am.

**Core:** Aquatics

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### Looking for Birds Hike – Cottonwood Day Use Area Trailhead

**Date:** 11/20/2015 **Time:** 7 a.m.

**Description:** 7:00AM Grab your binoculars and let's go look for some birds! We will hike the Cottonwood Trail and then to the lake, the trail passes through the desert and then through a nice riparian area. We will take a little time to look for birds while we get some exercise on this 2-mile hike. Bring some water and a snack for our halfway break. Meet at the North end of the park at the Cottonwood Day Use Area Trailhead.

**Core:** Animals

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### Shoreline Fishing Talk by Fisherman Frank – follow in-park program signs

**Date:** 11/28/2015 **Time:** 10:30 a.m.

**Description:** Come learn a few tips from our Naturalist and fisherman Frank Meyerholtz, who will share his experience fishing from the shoreline at Lake Pleasant. This program starts at 10:30am and Frank will share his fishing information as long as someone is around to learn. Follow the in-park signs, from the Main Contact Station, to the location of Frank's talk.

**Core:** Outdoor Skills

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## NOVEMBER PROGRAMS

### Sunrise Over the Lake Hike – Cottonwood Day Use Area Trailhead

**Date:** 11/6/2015 **Time:** 7 a.m.  
**Description:** Let's get up early and join the ranger for a sunrise over the lake hike! From this trail we will see the entire lake and a nice sunrise. This is a moderate trail with a few steep places. Please be in somewhat of good hiking shape for attending this hike. We will meet at the Cottonwood Day Use Area/Trailhead. We will be hiking the Yavapai Point Trail which is a moderate 3 mile round trip hike. Wear good hiking shoes, bring water, a snack, and camera. The ranger will see you at the trailhead for a scenic adventure!  
**Core:** Health & Fitness

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### Things to do At and Around Lake Pleasant – follow in-park signs to program

**Date:** 11/7/2015 **Time:** 10 a.m.  
**Description:** Our volunteer naturalist, Frank Meyerholtz, will share information about the wide variety of activities in which to participate at and near Lake Pleasant. Come join long-time resident Frank at 10am and find some great tips on things to do.  
**Core:** Entertainment & Social Skills

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### Friday the 13th Lucky Bird Hike Follow in-park "Hike" signs to trailhead

**Date:** 11/13/2015 **Time:** 7 a.m.  
**Description:** Come join the ranger on this early morning hike to look for some birds. We may even see some other wildlife on this great hike. Bring your water, a snack, and your binoculars. Call the ranger for questions.  
**Core:** Animals

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### Lake Pleasant and the Central Arizona Project Connection – follow the in-park program signs

**Date:** 11/13/2015 **Time:** 12 p.m.  
**Description:** Come explore the history of water at Lake Pleasant. Lake Pleasant has seen many changes and it now plays an important role in the future water needs of Southern Arizona, through the Central Arizona Project connection. Follow the in-park program signs to this ranger talk.  
**Core:** Archaeology & History

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### Pleasant Paddlers Program - Easy Paddle Tour of Lake Pleasant

**Date:** 11/14/2015 **Time:** 9 a.m.  
**Description:** Come join the ranger on this easy guided paddle on the waters of Lake Pleasant. This paddle is aimed as a social paddle at a slower pace and will be under four miles and three hours. Bring your own paddle craft or call ahead and rent one.

Rental kayaks and rental stand-up paddle boards (including paddlecraft, life vest and paddle) may be available by calling park staff at (928) 501-1710, for more details. Everyone on this tour must wear a life vest. Bring plenty of water and a snack. Dress to get wet and stay cool. We will be meeting at the end of the Desert Tortoise Road, look for the "Pleasant Paddlers Program" signs. We meet at 9am and want to launch by 9:30am.

**Core:** Aquatics

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### Sunrise Over the Lake Hike – Meets at the Cottonwood Day Use Area Trailhead

**Date:** 11/19/2015 **Time:** 7 a.m.  
**Description:** We will be hiking on one of the most scenic trails in the whole park! From this trail we will see a fantastic view of the sunrise over the lake. This is a moderate trail with a few steep places. Please be in somewhat of good hiking shape for attending this hike. We will meet at the Cottonwood Day Use Area / Cottonwood Trailhead. We will be hiking the Yavapai Point Trail which is a moderate 3 mile round trip. Wear good hiking shoes, bring water and a snack. The ranger will see you at the trailhead for a scenic morning adventure!  
**Core:** Health & Fitness

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### Looking for Birds Hike – Cottonwood Day Use Area Trailhead

**Date:** 11/20/2015 **Time:** 7 a.m.  
**Description:** Grab your binoculars and lets go look for some birds! We will hike the Cottonwood Trail and then to the lake, the trail passes through the desert and then through a nice riparian area. We will take a little time to look for birds while we get some exercise on this 2-mile hike. Bring some water and a snack for our halfway break. Meet at the North end of the park at the Cottonwood Day Use Area Trailhead.  
**Core:** Animals

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### Reptile Discovery

**Date:** 11/20/2015 **Time:** 2 p.m.  
**Description:** Join the park ranger as he shows and talks about a number of native reptiles that are found in the park. Follow the in-park signs to the program.  
**Core:** Animals

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### Pleasant Paddlers Program – Birding by Kayak in the Northern Coves

**Date:** 11/21/2015 **Time:** 8 a.m.  
**Description:** If you have your own kayak or canoe and have some experience paddling come join the Pleasant Paddlers Program for a morning paddle looking for birds in the northern coves of Lake Pleasant. This paddle is not for beginners and there are no rentals available (Please see "Easy Paddle" for that opportunity). Bring water

and a snack, dress for the weather, and you must wear your life jacket. Don't forget to bring your binoculars too! We will meet near the 4-lane launch ramp, look for the "Pleasant Paddler Program" signs. Call if you have questions.

**Core:** Animals

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### Shoreline Fishing Talk by Fisherman Frank – follow in-park program signs

**Date:** 11/28/2015 **Time:** 10:30 a.m.  
**Description:** Come learn a few tips from our Naturalist and fisherman Frank Meyerholtz, who will share his experience fishing from the shoreline at Lake Pleasant. This program starts at 10:30am and Frank will share his fishing information as long as someone is around to learn. Follow the in-park signs, from the Main Contact Station, to the location of Frank's talk.  
**Core:** Outdoor Skills

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### STAFF:

**Park Supervisor:** David Jordan  
**Interpretive Ranger:** Terry Gerber  
**Admin Staff:** Chris Simpson, David Chatfield, Cheryl Kidd, Laura Jo Boyd, Jessica Scalzitti, Ashley Johnson, and Lindsay Burns  
**Park Maintenance:** Larry Beil, Jim Apthorp, Thomas Rychtik, Alma Izaguirre, and Grady Vanpopering  
**Nav Aid Techs.:** Kyle Randall and Charlie Sizer

### MESSAGE FROM THE PARK SUPERVISOR:

All too often, we are in a rush to get from place to place. With this being the month of the bird, while in the park, don't forget to take a moment or more (when you are safely able to do so, of course) to stop and look up into the sky to observe the graceful birds, such as the turkey vultures, bald eagles, or red-tailed hawks, as they eloquently glide about the great blue skies. If you take a break along the trail or awaken as the sun breaks the horizon from your campsite, give a listen to the majestic, beautiful songs our fine, feathered friends sing. Learn more about these magnificent gravity-defying creatures, at one of our birding programs this month. Happy holidays and trails to you and yours! And thank you for your continued support!

David Jordan

### WHAT TO BRING:

Please wear sturdy shoes (closed-toe), dress appropriately for the weather and bring more water than you think you will need. See descriptions for specifics. Notes: Fees for guided hikes and programs are included in the park entry fee of \$6 per vehicle or with your annual pass. Reservations are not required unless specified in the program description. Hikes/programs are canceled if heavy inclement weather is imminent. If possible, canceled hikes will be posted on the website –

[www.maricopa.gov/parks](http://www.maricopa.gov/parks)